



KET

SUGGESTION OF THE DAY

EVERY DAY, ACCORDING TO THE SEASON, YOU WILL FIND A SELECTION OF SALAD, SANDWICH AND DISH OR SOUP.

SALAD EACH SALAD COMES WITH A SLICE OF BREAD FROM OUR BAKER

	Big / Small
OLIVER Mesclun*, bulgur, roasted veggies, carrots with cumin, sun-dried tomatoes, cucumber, zaatar, parsley, balsamic olive oil ... ●● 8,20 € / 6,10 €	
IVY Baby spinachs, quinoa, avocado, grilled chicken fillet, soy sprouts, zaatar, olive oil & honey mustard ●● 8,30 € / 6,20 €	
DOLLY Mesclun*, apple "Granny Smith", fresh goat cheese, raisins, fig chutney, sunflower seeds, sumac & zaatar, lemon olive oil .. ●● 8,20 € / 6,10 €	
BEIRUT Mesclun*, quinoa, avocado, cucumber, olives, roasted veggies, chickpeas with cumin, hummus, zaatar & sesame, parsley, lemon olive oil . ●●● 8,30 € / 6,20 €	
KARMA Mesclun*, quinoa, cucumber, thai curry chicken fillet, soy sprouts, zaatar, peanuts, parsley, lemongrass sauce ● 8,30 € / 6,20 €	
TOSCANE Mesclun*, roasted veggies, sun-dried tomatoes, mozzarella & parmesan, pomodoro, origan & balsamic olive oil ●● 8,20 € / 6,10 €	

IF YOU WISH, YOU CAN CUSTOMIZE YOUR SALAD BY ADDING THE FOLLOWING INGREDIENTS

- Cooked white ham with brined herbs / Italian Raw Ham / Grilled chicken fillet + 1,50 €
- Parmesan / ricotta / mozzarella / fresh goat cheese + 1,20 €
- Avocado / sun-dried tomatoes + 1,20 €
- Carrots with cumin / chickpeas / bulgur / roasted veggies + 1,20 €
- Hummus / fig chutney / pesto rosso / pesto verde + 1,00 €
- Raisins / seeds of you choice + 0,50 €

* Mesclun : Mixed green salad.

CIABATTA OUR CIABATTA ARE FRESHLY PREPARED UPON ORDER

	Whole / Half
CARLO Ciabatta, Italian raw ham, fig chutney, arugula, mozzarella & parmesan, dried herbs from Provence 6,80 € / 3,80 €	
ANGELO Ciabatta, cooked ham with brined herbs, mozzarella, arugula, pesto verde, dried herbs from Provence 6,70 € / 3,70 €	
GRETA Ciabatta, roasted veggies, sun-dried tomatoes, parmesan, pesto rosso, dried herbs from Provence ● 6,70 € / 3,70 €	
LUISA Ciabatta, Grilled chicken fillet, roasted veggies, ricotta, pesto verde, dried herbs from Provence 6,70 € / 3,70 €	
MARCO Ciabatta, chorizo, red peppers, sun-dried tomatoes, ricotta, pesto rosso, dried herbs from Provence 6,70 € / 3,70 €	

BAGUETTE IF YOU'D LIKE TO GRILL YOUR BAGUETTE, YOU CAN INFORM THE COUNTER

LUCIEN Baguette, roasted eggplants, hummus, cumin, arugula, olive oil ●● 4,80 €	
MARIUS Baguette, grilled chicken fillet, fresh goat cheese, honey, mesclun*, dried herbs from Provence, olive oil 4,80 €	
HECTOR Baguette, breaded chicken, raw vegetables, homemade tartar sauce 4,90 €	
MARCEL Baguette, Italian raw ham, sun-dried tomatoes, mozzarella, arugula, olive oil 4,90 €	
LOUISON Baguette, roasted veggies, ricotta, sun-dried tomatoes, sunflower seeds, arugula, zaatar ● 4,80 €	

● no lactose ● no gluten ● vegetarian

IT'S GOOD TO SEE YOU! **KET** TEAM

Do not hesitate to tell us your intolerances and/or allergies when placing your order. Allergens can be consulted at the desk.