



KET

SUGGESTION OF THE DAY
EVERY DAY, ACCORDING TO THE SEASON, YOU WILL FIND A SELECTION OF SALAD, SANDWICH AND DISH OR SOUP.

SALAD EACH SALAD COMES WITH A SLICE OF BREAD FROM OUR BAKER

			Big / Small
BEIRUT	Mesclun*, quinoa, avocado, cucumber, olives, chickpeas with cumin, hummus, zaatar & sesame, parsley, lemon olive oil	●●●	10,80 € / 8,40 €
IVY	Baby spinachs, quinoa, avocado, grilled chicken fillet, soy sprouts, zaatar, olive oil & honey mustard	●●	10,80 € / 8,40 €
KARMA	Mesclun*, quinoa, cucumber, thai curry chicken file, soy sprouts, zaatar, peanuts, parsley, lemongrass sauce	●	10,80 € / 8,40 €
TOSCANE	Mesclun*, roasted veggies, sun-dried tomatoes, mozzarella & parmesan, pomodoro, origan & balsamic olive oil	●●	10,60 € / 8,20 €
OLIVER	Mesclun*, bulgur, roasted veggies, carrots with cumin, sun-dried tomatoes, cucumber, zaatar, parsley, balsamic olive oil	●●	10,60 € / 8,20 €
DOLLY	Mesclun*, apple "Granny Smith", fresh goat cheese, raisins, fig chutney, sunflower seeds, sumac & zaatar, lemon olive oil	●●	10,60 € / 8,20 €

IF YOU WISH, YOU CAN CUSTOMIZE YOUR SALAD BY ADDING THE FOLLOWING INGREDIENTS

- Cooked white ham with brined herbs / Italian Raw Ham / Grilled chicken fillet + 3,00 €
- Parmesan / ricotta / mozzarella / fresh goat cheese + 2,50 €
- Avocado / sun-dried tomatoes + 2,30 €
- Carrots with cumin / chickpeas / bulgur / roasted veggies + 2,20 €
- Hummus / fig chutney / pesto rosso / pesto verde + 2,20 €
- Raisins / seeds of you choice + 1,50 €

* Mesclun : Mixed green salad.

CIABATTA OUR CIABATTA ARE FRESHLY PREPARED UPON ORDER

			Whole / Half
CARLO	Ciabatta, Italian raw ham, fig chutney, arugula, mozzarella & parmesan, dried herbs from Provence		8,00 € / 4,50 €
LUISA	Ciabatta, Grilled chicken fillet, roasted veggies, ricotta, pesto verde, dried herbs from Provence		8,00 € / 4,50 €
ANGELO	Ciabatta, cooked ham with brined herbs, mozzarella, arugula, pesto verde, dried herbs from Provence		8,00 € / 4,50 €
MARCO	Ciabatta, chorizo, red peppers, sun-dried tomatoes, ricotta, pesto rosso, dried herbs from Provence		7,80 € / 4,50 €
GRETA	Ciabatta, roasted veggies, sun-dried tomatoes, parmesan, pesto rosso, dried herbs from Provence	●	7,80 € / 4,50 €

BAGUETTE IF YOU'D LIKE TO GRILL YOUR BAGUETTE, YOU CAN INFORM THE COUNTER

HECTOR	Baguette, breaded chicken, raw vegetables, homemade tartar sauce		6,40 €
MARCEL	Baguette, Italian raw ham, sun-dried tomatoes, mozzarella, arugula, olive oil		6,40 €
MARIUS	Baguette, grilled chicken fillet, fresh goat cheese, honey, mesclun*, dried herbs from Provence, olive oil		6,30 €
LUCIEN	Baguette, roasted eggplants, hummus, cumin, arugula, olive oil	●●	6,00 €
LOUISON	Baguette, roasted veggies, ricotta, sun-dried tomatoes, sunflower seeds, arugula, zaatar	●	6,00 €

● no lactose ● no gluten ● vegetarian

IT'S GOOD TO SEE YOU! **KET** TEAM

Do not hesitate to tell us your intolerances and/or allergies when placing your order. Allergens can be consulted at the desk.